Social Skills Group Steps

Notice others, join in, listen, and repair after a miss.

Name: _____ **Date:** _____

1. Safety first

Unsafe or a crisis?
Get help first.

2. Agreements

Hands safe. Take
turns. Passing is
okay.

3. Notice others

Look at faces, bodies,
and the activity.

4. Join in

Watch, greet, then ask
to play.

5. Listen

Wait, then toss the
turn back.

6. Kind words

Say something specific
and kind.

7. Match it

Fit my voice and
energy to the place.

8. Repair

Notice, own it, make
it right.

9. My plan

Keep my practice step
and helpers.

What this group is and is not

Practice for noticing, joining, listening and repair.

Is Skill practice for groups	Noticing, joining, listening, repair
Is not Not a treatment by itself	A diagnosis, a makeover, forced friends
Care Report harm as your school requires	Counselor, family, 988 if unsafe

Skill practice aid only. Does not diagnose or treat any condition.

Crisis: call or text 988 · Text HOME to 741741 · Emergency: 911

If someone is being hurt or may hurt someone, tell a trusted adult now.

Not affiliated with ASCA, CASEL or any named program.

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My Social Skills Plan

My clues, my words, my practice step, and my helpers.

Name: _____ **Date:** _____

What I notice in myself and others

A feeling I have around other kids: _____

A clue I notice in other people: _____

A time of day that is hard: _____

Something I am already good at: _____

Skills I want to practice

A way I can notice others: _____

A way I can join in: _____

A listening or turn-taking goal: _____

Kind words I can say: _____

An I-statement I can use: _____

My practice step, repair, and helpers

One small step at recess or lunch: _____

If it does not work, I will: _____

Help: an adult at school: _____

Help: an adult at home: _____

Repair: what I can say or do: _____

Notes: _____

Crisis: 988 · HOME to 741741 · 911 · Tell an adult if anyone is not safe

More notes:

_____

_____

_____

_____

_____

_____

_____

_____

_____

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Social Skills Practice Log

Moments I practiced, what I tried, and what I learned.

Name: _____ **Date:** _____

Day	Moment	Skill I tried	What happened	Next time
1				
2				
3				
4				
5				
6				
7				

Social skills pocket cards (cut out)

Safety 988 · HOME · 911	**Notice** What do I see in others?	**Join** Watch, greet, ask
Listen Wait, then take my turn	**Kind** Say something specific	**I-say** I feel … I need …
Match Does this fit the moment?	**Repair** Own it, make it right	**Try** One small step this week

Not a treatment. 988 · HOME 741741 · 911 · Tell an adult if anyone is not safe

A time I practiced a skill this week:

_____

_____

_____

_____

_____

_____

_____

_____

L&T

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Liked this free printable?

The complete, ready to print version is here:

Social Skills Small Group Curriculum for School Counselors, Grades 2 to 5

Holiday sale on Etsy until Dec 2: about $11.04, was $14

Get it on Etsy

etsy.com/listing/4607427859 | instant digital download

See every page first: lotustulip.com/social-skills-small-group-curriculum.html

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